



February 27, 2010

The Great North Woods 30K  
Classic Race & Tour

The BALSAMS Wilderness,  
Dixville Notch, NH

### Weather Report

Friday Night

Mostly cloudy with a 50 percent chance of snow showers. Lows in the mid 20s.

Saturday through Sunday

Mostly cloudy. Highs in the upper 30s. Lows in the lower 20s.

### Race Conditions

Expect a soft trail with a mix of transformed snow and new snow

### Wax Recommendation

#### Wax Recommendation (Preliminary)

Glide Wax:

Apply 2 layers of HSF 30 Salmon over 1 layer of HS-20 Red

Top coat with Flite **Warm** 100% Fluoro Speed Additive

Grip Wax: Iron in a binder as the first layer and add 3 to 4 layers of

Rode Violet Special

For extra kick add Rode Violet Extra

Ski

Medium to Soft ski with Universal Grind or Universal Plus Grind

Finite Structure Tool: 0.4 mm linear

Check the Tech Data sheets for additional alternative recommendations

Visit our web site at [www.skifastwax.com](http://www.skifastwax.com) for more waxing tips and recommendations